

Situational Analysis

Student Example

Situation

What's going on?

I wanted to join in playing ball.



Action

What did I do?

Asked politely, "Can I play too?"



Result

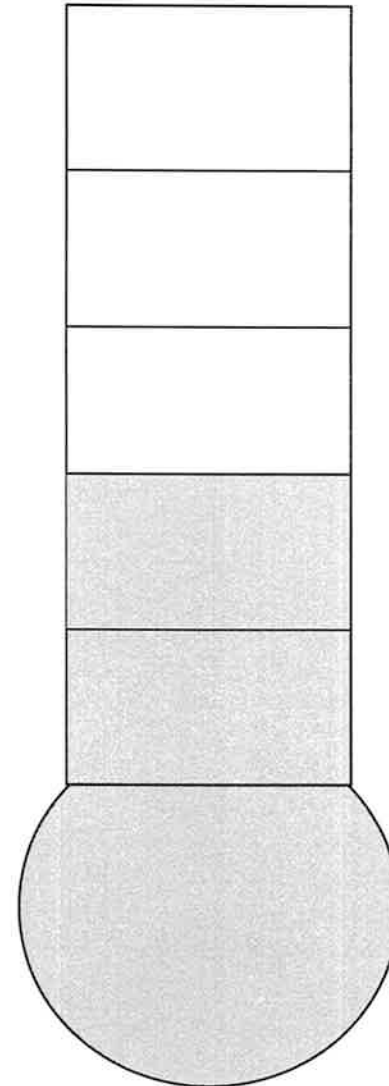
What happened?

They said "You can play." So, I played ball.

Did I like what happened? yes

What do I want? _____

Happy Feeling Levels



thrilled

joyful

wonderful

excited

happy

okay

Reflection/Plan: Using my words to ask if I can play worked.